FRANKLIN ELEMENTARY SCHOOL JANUARY 2024

TUE WED THU MON

Know your Farmer, Know Your Food Taste Test with Courage to Grow Farms: Microgreens

Visit www.pullmanschools.org for more info!

Menu Highlights: Cougar Gold Mac + cheese is back!!

Friday Try-days Everyone can have a bite size sample of a new food every Friday!				
French Toast(v) Turkey sausage or egg patty (v) Hashbrown Potatoes Cinnamon Applesauce	Soft Beef Taco Refried beans, tortilla chips, + salsa Bean + cheese taco (v)	Chicken Alfredo Cheesy Alfredo (v) Breadstick WA Apple or Pear or Dried cherries Microgreens	11 BBQ beef ribwich on bun or Cheese stuffwich (v) Corn	Turkey + Cheese Deli Sandwich or Sunbutter Sandwich (v) 100% juice day
MARTIN LUTHER KING JR.	Chicken Nuggets + breadstick Cheese stuffwich (v) Tater Tots	Cheesy Pasta Bake (v) + Garlic Bread WA apple or pear or dried cherries Roasted chickpeas	18 Teriyaki Beef Dippers+ Rice Teriyaki tofu (v) Broccoli Pineapple Chocolate Pudding	Hot Dog on a Bun sunbutter sandwich + yogurt (v) Baked Beans 100% juice day
Pepperoni pinwheels or Cheese Pizza (v) Italian Beans	Chicken Burrito Bean + cheese taco (v) Lentils of the Southwest	Breadstick WA Apple or Pear Dried cherries	Hamburger on a bun Or Bean Burger (v) Oven Roasted Potatoes	Chicken + Waffle Waffle + Yogurt Parfait (v) Applesauce 100% juice day
Corndog	30 Nachos with Beef and Cheese	31 WA Wednesday! Cougar Gold Macaroni + Cheese	Sloppy Joe on Bun	Chicken Patty Sandwich



Meals include choice of assorted fruits + vegetables, and milk choices

Vegetarian **Options look for** the (V) On days when the main entree is vegetarian the alternate to the main entree is a sunbutter sandwich + yogurt

Meal prices Breakfast: \$2.00

Lunch: \$3.20

Adult prices: Breakfast \$2.75 and Lunch \$4.75

Menus may vary based on product availability. **WA Wednesday features** vary by product availability **Nutrition Services**

> **Contact:** 509-332-5179

nutrition@psd267.org

This institution is an equal opportunity provider

(v) Breadstick

WA apple or pear

snickerdoodle hummus

with Scooby Snack

Cheese Stuffwich (v)

Chocolate Pudding

Bean Burger (v)

Oven roasted

Potatoes

100% juice day

(chicken)

Sunbutter Sandwich (v)

Berry cup

Tater tots

nachos with cheese

(v)

Refried beans